



Fiddlehead Care Farm

GROW FROM WITHIN

Fall 2017 Newsletter

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What is FCF?

Fiddlehead Care Farm (FCF) is a 50-acre organic, non-profit farm whose mission is to give children, youth and young adults with a variety of needs, and their families, the opportunity to learn, experience and grow without boundaries through innovative animal-assisted therapy and nature-based education, rehabilitation and recreation.



Co-Care Farmers

We had a very successful first Co-Care Farmers group this Fall. During the 6-week program, five individuals ages 18-24 years joined us to learn advocacy, independence, teamwork, and social skills. Friendships were made and lots of fun was had caring for the animals, gardening, and special event planning.

Call Out for 2018 Sessions!

Do you know someone 18+ with special needs who would benefit from learning life and farm skills in a supported day program? New session starting January 2018!! Check out our website or call/email for more information.



What's New at FCF

- We took part in Orangeville's 1st annual Autism walk on September 10, 2017.
- New features in the forest such as tree identification signs, bug hotel and a mud kitchen/ snow bakery!
- A vendor in Brampton's Disability Fair, November 4th.
- And we've enjoyed many school and new group visits.
Thank you!



Winter!

Although the snow has started to fall, there is lots to do at the farm in the winter such as snowshoeing and searching for animals tracks!



Letters from Luna

*Hello Everyone,
Fall meant lots of apples, carrots, and even pumpkins for me to eat! I'm keeping warm with new blankets but I look forward to your visits to help me brave the cold! -Luna*



Vitamin N Challenge

Take your dog (and/or family) for a walk.
Can you smell the change of season?



Halloween

A cold and rainy day brought out the best ghouls and goblins, pirates and princess, witches and wizards! Thank you to all who came out and to our amazing volunteers for making the day possible! Some highlights included:

- A Monster Mash dance party and crafts
- Spooky forest walk
- Dr. Doom's laboratory
- And Harry Potter's magical flying keys



Group & School Visits

Book your winter or spring group visit to the farm. FCF staff will work with you to plan an exciting visit personalized to your group's goals and needs.